



For Immediate Release
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A Local Food Top Ten with James MacKinnon and Alisa Smith, authors of *The 100-Mile Diet: A Year of Local Eating*

VANCOUVER, BC – Museum of Vancouver presents **How Do We Compare to Other Cities? James MacKinnon and Alisa Smith's Local Food Top Ten** on Thursday, November 25th, 2010 at 7pm, 1100 Chestnut Street in Vanier Park. The event is part of the Food and Beers Speaker Series hosted by David Beers, editor of TheTyee.ca and presented by Tides Canada. Tickets are \$15 and available at www.museumofvancouver.ca or 604.736.4431.

After completing their critically acclaimed book *The 100-Mile Diet*, James MacKinnon and Alisa Smith embarked on a North American tour that took them to some of the greatest and most unheralded local food hotspots today. What they discovered were dozens of inventive and effective local projects that point toward a very different future for food. Join us on November 25th when they will share the top ten findings from their travels at the Museum of Vancouver's Food and Beers Speaker Series event.

"We'll be looking at everything from including farmland in national parks to a heritage bean that saved the Deep South during the Dust Bowl," said Smith. "Small projects are exploring big ideas."

After the event Museum of Vancouver will be launching a mini exhibit in the MOV Studio guest curated by MacKinnon and Smith. The two local food experts were invited to select a handful of artefacts from the Museum Collection that speak to Vancouver's local food history. The first object they chose was a turn-of-the-century "wheat cradle" used to harvest grain on Vancouver's early farms.

"We struggled to find local flour on the 100-Mile Diet, only to learn that a century ago it was common," said MacKinnon. "One of the best places to look for the future of local food is in the past."

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Food and Beers Speaker Series is presented by

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